



BUILDING BLOCKS FOR BETTER LIVES

Westcoast
Family Centres

Meet the Tri-Cities Family Navigator

**FREE Support program for
parents and caregivers with
children ages 0-6 years**

Are you looking for resources,
support, and/or services in:

- Pre-and Post-Natal
- Early years Intervention
- Health or Mental Health
- Parent Education
- Community services and programs

Contact your Family Navigator -
Shawna



Family.Nav@westcoastfamily.org

778-389-WFC1 (9321)



Ministry of
Children and Family
Development